

Welcome back to the new school year. All the classes have settled well; from the first day back the children have come in to school very calmly and all seemed very pleased to meet up again with classmates and teachers. Even our youngest children recognised familiar faces in classrooms and weren't daunted by the new term. The children look very smart in their uniforms and many have been keen to show us their shiny new school shoes. As always thank you for making sure the children are so smartly turned out in their school uniforms, black shoes and school PE kit. Please remember to keep long hair neatly tied back in school for safety reasons and also to limit the spread of head lice. A special welcome to all the children who have joined us this year we hope you enjoy being part of the warm and friendly community that is Brambles Academy.

Give your child the best chances

Check out this chart opposite for how much sleep your child needs and what time they should be in bed. Remember, TVs, tablets, phones and computers in bedrooms keep your child's brain active and will keep them awake for longer! Tuck them in with a good book. If you want your kids to WANT to read, then read amazing books aloud to them every single day. Your child needs a good healthy breakfast but mornings can often be a busy rush getting ready for school. Grabbing something quick on the way to school is not a good start to the day so if sitting down for some toast or cereal is difficult, please ask about our affordable breakfast club. If your child has a packed lunch, google 'BBC Good Food kids lunch-box ideas' on your phone. It will give you loads of ideas for healthy options. Children don't need lots of sweet treats at lunchtime, they need carbs, protein, fruit/veg and dairy to keep them going all afternoon.

Age	Wake-up time						
	6am	6.15am	6.30am	6.45am	7am	7.15am	7.30am
Bedtime							
5	6.45pm	7pm	7.15pm	7.30pm	7.30pm	8pm	8.15pm
6	7pm	7.15pm	7.30pm	7.30pm	8pm	8.15pm	8.30pm
7	7.15pm	7.15pm	7.30pm	8pm	8.15pm	8.30pm	8.45pm
8	7.30pm	7.30pm	8pm	8.15pm	8.30pm	8.45pm	9pm
9	7.30pm	8pm	8.15pm	8.30pm	8.45pm	9pm	9.15pm
10	8pm	8.15pm	8.30pm	8.45pm	9pm	9.15pm	9.30pm
11	8.15pm	8.30pm	8.45pm	9pm	9.15pm	9.30pm	9.45pm

Learning at home

Your child should be reading a minimum of 4 times a week at home. Please sign their reading record so that their teacher can give out Brambles to children who have done this. All children in the academy will have received a login for Times Tables Rockstars and Spelling Shed. Times Table Rockstars has an app that can be downloaded for free. Spelling Shed has an app that you can pay to download but if children play through an internet browser (such as safari or on an iPad) it is free. Mr Mayle will check how many points children have scored on these activities each Friday and award prizes for top scores and improvements on a Monday.

Good Attendance

What does your child's percentage attendance mean? Parents/carers often become confused about what good attendance is. As a school our target attendance percentage is 95%.

Attendance Percent- age	Days missed	Sessions missed	Weeks missed
100%	0 Days missed	0 sessions	0 weeks
95%	9.5 Days missed	19 sessions	1.5 weeks
90%	19 Days missed	38 sessions	3 weeks
85%	28.5 Days missed	57 sessions	4.5 weeks
80%	38 Days missed	76 sessions	6 weeks- ½ a term

If you achieve 100% attendance- 190 days- you still have an amazing 175 days when you do not have to attend school. Being late by 10 minutes every day for one year is equal to 33 hours- approximately 6 days

Minutes lost each day	Days lost per school year
5 minutes	3 days
10 minutes	6.5 days
15 minutes	10 days
20 minutes	13 days
30 minutes	19 days

Don't miss out!

Year 1 children will take part in the national phonics check between Monday 8th and Friday 12th June. Every Year 1 child in the country will take it during that week.

Year 2 children will take part in the KS1 SATS throughout the whole month of May. Every Year 2 child in the country will take it during this month.

Year 6 children will take part in the KS2 SATS between Monday 11th and Friday 15th May. Every Year 6 child in the country will take it during that week.

There is nothing to worry about with regards to the above tests as you will all receive lots of information and the children do enjoy preparing for them and completing the tests.

Important!

Please do not book holidays for this time. If you miss it, your child will receive a ZERO score.

#Hello Yellow Thursday

10th October 2019

This World Mental Health Day we're saying #HelloYellow in our school to show young people they're not alone with their mental health. To support this all classes will be doing something simple in their classrooms. Eg Random acts of kindness, write something that they like about another child etc.

#HelloYellow

Reminder- 8.30am open for Bagels, 8.50am school starts and gates close, you are late if arrive after 9am.